

COVID-19 diaries

Your story during COVID-19

Complete as much as you would like to share with the WISE research team.
Feel free to add more pages if necessary.

Hello! My name is _____ (or leave blank if you prefer)
What I would like you to know about me...

Something that has brought me joy
during the COVID-19 pandemic is...

My biggest worry during the
pandemic is...

Something I have learnt about myself during the pandemic...

Something I have learnt about others during the pandemic...

People, things & places that have helped me through lockdown...
(and why)

1

2

3

Things I miss most during lockdown...

The hardest part of the COVID-19
pandemic for me is...

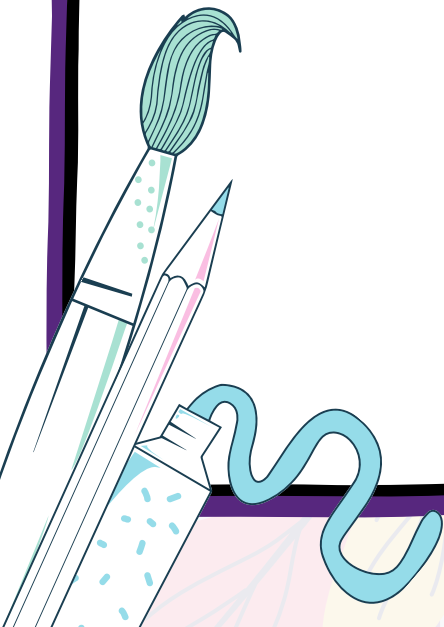
What I am most looking forward to when
restrictions are lifted is...

During the pandemic I am inspired
or motivated by...

Get creative!

Use this page in any way you like to share your story your way.

You could write a letter or poem about your experiences, or could also attach pictures & paper clippings or add a drawing.



Would you tell us a little bit more about yourself?

The following information would help us to better understand your experience and the results from the study.

1. What is your date of birth?

2. What is your gender?

☐ Female ☐ Male ☐ Non-binary ☐ Other ☐ Prefer not to say

3. Where in Ireland do you live? Is this an urban or rural area?

4. What type of accomodation do you live in?

☐ Private house/ bungalow/chalet/flat/apartment ☐ Sheltered community

☐ Assisted community ☐ Other

5. Who do you share your living space with?

☐ Living alone ☐ Living with partner ☐ Living with other family

☐ Living with friends ☐ Other

6. Are you retired?

☐ Yes ☐ No

7. What is or was your occupation?

8. Are you living with any physical impairments or/and health conditions?

☐ Yes ☐ No

If yes, could you tell us a little bit more about it?

9. How often do you leave home during the pandemic and for what purposes?

10. Do you have internet access at home?

☐ Yes ☐ No

11. Are you comfortable with using a computer, smartphone or tablet?

☐ Yes, very much so ☐ Yes, with some assistance ☐ Not so much ☐ Not at all

12. Have you had COVID-19?

☐ Yes, I tested positive but I'm already recovered

☐ Yes, I tested positive and I'm currently isolating

☐ I'm not sure, I have been tested and I'm waiting for results

☐ I'm not sure, I have had symptoms but haven't been tested

☐ No, I have been tested and received negative results

☐ No, I have not been tested or haven't had any symptoms

COVID-19 diaries

The 'COVID-19 diaries' is part of the Well-being, Interventions and Support during Epidemics (WISE) study. Our aim is to capture the experiences and feelings of older people through the COVID-19 pandemic, and understand how they have adapted to emerging challenges and supported others.

Who is conducting and funding this study?

This research is part of a PhD project based at the Royal College of Surgeons in Ireland. The project is led by PhD Scholar Dr Viveka Guzman. Funding is provided by the Health Research Board under grant SPHeRE-2019-1.

How what you send us will be used

The information in this diary will help researchers understand the impact of the COVID-19 pandemic in older people's lives. All of your responses will be stored confidentially. Only the researchers involved in this study will have access to any information that you provide and that could identify you. When we share the results of the research, we will not use your name or any other identifiable information.

☐ I understand what the study is about, and what the results will be used for.

☐ I consent to have my data collected, processed and used as part of this study.

Keeping in touch

We would like to contact you to learn more about your experiences and keep in touch about more opportunities to get involved with the project. We will only do this with your permission.

I would like to be contacted to:

Talk about my experiences

☐ Yes ☐ No

Find out more about how I can be involved as the projects develops

☐ Yes ☐ No

Receive information about findings and publications

☐ Yes ☐ No

Please provide your name and preferred method of contact:

Name:

Email:

or Telephone:

The above details will only be used for the purposes stated above and you can ask to be removed from the contact list at anytime. You can read our privacy notice at

www.wisestudy.ie/dataprotection to find out more about how your information is managed.

You can also request a copy or ask any additional questions by emailing: vivekaguzman@rcsi.ie

Please post or email your contributions to:

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If you would like this document in an alternative format or another way to
contribute, please contact: vivekaguzman@rcsi.ie // 0873382732